

Food Packages for Women With Multiples from the Same Pregnancy

How Much Breastfeeding	Baby 2 Fully Breastfeeding	Baby 2 Substantially Breastfeeding (Partially \leq Max)	Baby 2 Partially Breastfeeding (Partially > Max) Until 6 Months PP	Baby 2 Fully Formula Fed Until 6 Months PP	Baby 2 Partially Breastfeeding (Partially > Max) or Fully Formula Fed 6 Months or Older
Baby 1 Fully Breastfeeding	1.5 Enhanced Table 1A and 1B	Enhanced Table 2	Enhanced Table 2*	Enhanced Table 2	Enhanced Table 2
If more than 2 infants from the same pregnancy, the mother's food package is determined by the highest breastfeeding status of one of the infants.					
Baby 1 Substantially Breastfeeding (Partially \leq Max)	Enhanced Table 2	Enhanced Table 2	Substantial/Pregnant Table 3	Substantial/Pregnant Table 3	Substantial/Pregnant Table 3
Baby 1 Partially Breastfeeding (Partially > Max)	Enhanced Table 2	Substantial/Pregnant Table 3	Partially/Post-Partum Table 4	Partially/Post-Partum Table 4	No Food Package Counted
Baby 1 Fully Formula Fed	Enhanced Table 2	Substantial/Pregnant Table 3	Partially/Post-Partum Table 4	Partially/Post-Partum Table 4	No Food Package Counted if BF Baby 2
Baby 1 Partially Breastfeeding (Partially > Max) or Fully Formula Fed 6 Months or Older	Enhanced Table 2	Substantial/Pregnant Table 3			No Food Package Counted

Currently M-SPIRIT does not load a default food package correctly for women with multiples. The following tables will help you issue the correct amounts of foods based on the amount of breastfeeding of each infant.

If the infants are older than six months of age and are either partially breastfeeding or fully formula fed, the mother would not receive a food package. Confirm that this occurs correctly. If the mother is partially breastfeeding one or both infants, she will be counted as a participant.

Table 1A

1.5 Enhanced

Must alternate between months to issue maximum allowable without over issuance

System Default	Correct with <u>No</u> Additional Cheese Month 1,3,5,7,9,11	Correction with <u>No</u> Additional Cheese Month 2,4,6,8,10,12
36.0 quart(s) skim, 1% or 2% milk	36.0 quart(s) skim, 1% or 2% milk	36.0 quart(s) skim, 1% or 2% milk
3.5 16 oz package WIC cheese	2.0 16 oz package WIC cheese	1.0 16 oz package WIC cheese
2.0 18 oz jar WIC peanut butter	2.0 18 oz jar WIC peanut butter	1.0 18 oz jar WIC peanut butter
1.0 4 cans (16-14 oz) beans (legumes)	1.0 4 cans (16-14 oz) beans (legumes)	2.0 4 cans (16-14 oz) beans (legumes)
3.0 dozen large white eggs	3.0 dozen large white eggs	3.0 dozen large white eggs
54.0 ounces WIC approved breakfast cereal	54.0 ounces WIC approved breakfast cereal	54.0 ounces WIC approved breakfast cereal
45.0 ounces canned Tuna and/or pink salmon	45.0 ounces canned Tuna and/or pink salmon	45.0 ounces canned Tuna and/or pink salmon
1500.0 fruit and vegetables benefit	1500.0 fruit and vegetables benefit	1500.0 fruit and vegetables benefit
4.5 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice	5.0 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice	4.0 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice
1.5 16 oz WIC whole grain choice	1.0 16 oz WIC whole grain choice	2.0 16 oz WIC whole grain choice

Table 1B

1.5 Enhanced

Must alternate between months to issue maximum allowable without over issuance

System Default	Correct with Additional Cheese Month 1,3,5,7,9,11	Correction with Additional Cheese Month 2,4,6,8,10,12
36.0 quart(s) skim, 1% or 2% milk	32.0 quart(s) skim, 1% or 2% milk	32.0 quart(s) skim, 1% or 2% milk
3.0 16 oz package WIC cheese	3.0 16 oz package WIC cheese	2.0 16 oz package WIC cheese
2.0 18 oz jar WIC peanut butter	2.0 18 oz jar WIC peanut butter	1.0 18 oz jar WIC peanut butter
1.0 4 cans (16-14 oz) beans (legumes)	1.0 4 cans (16-14 oz) beans (legumes)	2.0 4 cans (16-14 oz) beans (legumes)
3.0 dozen large white eggs	3.0 dozen large white eggs	3.0 dozen large white eggs
54.0 ounces WIC approved breakfast cereal	54.0 ounces WIC approved breakfast cereal	54.0 ounces WIC approved breakfast cereal
45.0 ounces canned Tuna and/or pink salmon	45.0 ounces canned Tuna and/or pink salmon	45.0 ounces canned Tuna and/or pink salmon
1500.0 fruit and vegetables benefit	1500.0 fruit and vegetables benefit	1500.0 fruit and vegetables benefit
4.5 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice	5.0 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice	4.0 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice
1.5 16 oz WIC whole grain choice	1.0 16 oz WIC whole grain choice	2.0 16 oz WIC whole grain choice

Table 2

Enhanced

It is possible that the system default food package appears different than the one listed below. This will occur when one of the infants is fully breastfeeding and the other is either partially breastfeeding or fully formula fed. The final food package outcome is the same.

* There is one case where this food package can't be corrected without altering the infant information. It is when one infant is fully breastfeeding and one infant is partially breastfeeding. M-SPIRIT will not allow the issuance of the correct food package. In order to issue this food package correctly, the partially breastfeeding infant must be changed to fully formula fed. Document in the participant notes why the information about breastfeeding is incorrect.

System Default	Correct with <u>No</u> Additional Cheese	Correction with Additional Cheese
36 quart(s) skim, 1% or 2% milk	24 quart(s) skim, 1% or 2% milk	20 quart(s) skim, 1% or 2% milk
3.0 16 oz package WIC cheese	1.0 16 oz package WIC cheese	2.0 16 oz package WIC cheese
2.0 18 oz jar WIC peanut butter	1.0 18 oz jar WIC peanut butter	1.0 18 oz jar WIC peanut butter
1.0 4 cans (16-14 oz) beans (legumes)	1.0 4 cans (16-14 oz) beans (legumes)	1.0 4 cans (16-14 oz) beans (legumes)
3 dozen large white eggs	2 dozen large white eggs	2 dozen large white eggs
54 ounces WIC approved breakfast cereal	36 ounces WIC approved breakfast cereal	36 ounces WIC approved breakfast cereal
45 ounces canned Tuna and/or pink salmon	30 ounces canned Tuna and/or pink salmon	30 ounces canned Tuna and/or pink salmon
1500 fruit and vegetables benefit	1000 fruit and vegetables benefit	1000 fruit and vegetables benefit
4 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice	3 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice	3 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice
2 16 oz WIC whole grain choice	1 16 oz WIC whole grain choice	1 16 oz WIC whole grain choice

Table 3

Substantial/Pregnant

System Default	Correct with <u>No</u> Additional Cheese	Correction with Additional Cheese
24 quart(s) skim, 1% or 2% milk	22 quart(s) skim, 1% or 2% milk	18 quart(s) skim, 1% or 2% milk
3.0 16 oz package WIC cheese	None	1.0 16 oz package WIC cheese
1.0 18 oz jar WIC peanut butter	1.0 18 oz jar WIC peanut butter	1.0 18 oz jar WIC peanut butter
2 dozen large white eggs	1 dozen large white eggs	1 dozen large white eggs
36 ounces WIC approved breakfast cereal	36 ounces WIC approved breakfast cereal	36 ounces WIC approved breakfast cereal
3 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice	3 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice	3 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice
30 ounces canned Tuna and/or pink salmon	None	None
1000 fruit and vegetables benefit	1000 fruit and vegetables benefit	1000 fruit and vegetables benefit
1 16 oz WIC whole grain choice	1.0 16 oz WIC whole grain choice	1.0 16 oz WIC whole grain choice
1.0 4 cans (16-14 oz) beans (legumes)	1.0 4 cans (16-14 oz) beans (legumes)	1.0 4 cans (16-14 oz) beans (legumes)

Table 4
Partially/Post-Partum

System Default	Correct with <u>No</u> Additional Cheese	Correction with Additional Cheese
24 quart(s) skim, 1% or 2% milk	16 quart(s) skim, 1% or 2% milk	12 quart(s) skim, 1% or 2% milk
3.0 16 oz package WIC cheese	None	1.0 16 oz package WIC cheese
1.0 18 oz jar WIC peanut butter	1.0 18 oz jar WIC peanut butter	1.0 18 oz jar WIC peanut butter
2 dozen large white eggs	1 dozen large white eggs	1 dozen large white eggs
36 ounces WIC approved breakfast cereal	36 ounces WIC approved breakfast cereal	36 ounces WIC approved breakfast cereal
3 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice	2 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice	2 12 oz can(s) frozen or 48 oz plastic bottle(s) WIC juice
30 ounces canned Tuna and/or pink salmon	None	None
1000 fruit and vegetables benefit	1000 fruit and vegetables benefit	1000 fruit and vegetables benefit
1 16 oz WIC whole grain choice	None	None
1.0 4 cans (16-14 oz) beans (legumes)	This is an “or” item and can be added as either canned or dry beans (legumes) if the peanut butter is removed.	This is an “or” item and can be added as either canned or dry beans (legumes) if the peanut butter is removed.